



## Chris Natzke – Long Biography

Known as *America's Breakthrough Sensei*, Chris Natzke is not only a champion himself, but he has been training others to find their own *Inner Champion* for over four decades. As an 8<sup>th</sup> Degree Black Belt/Master Instructor and former national Taekwondo champion, Chris ranks in the top 1% of all martial artists in the world.

Now as a life-leadership coach, keynote speaker and author, his passion is sharing his unique brand of ***Black Belt Leadership*** so others may discover the most empowered version of themselves – leading to clarity of purpose, increased confidence and the courage to take inspired action to make their dreams come true.

Chris's principles of success and leadership have transformed the lives of literally thousands of students, business professionals and organizational leaders. His message of inspiration, empowerment and belief in one's self, leaves audiences moved and inspired to take decisive action in creating the lives and careers of their dreams while making a positive, profound and lasting impact in their world.

Chris holds a bachelor's degree in Communication Studies from Northwestern University (where he also was a 4-year letterman in football) and a Masters in Spiritual Psychology from the University of Santa Monica.

He is also a former sales executive with the Procter & Gamble Distributing Company.

His work in both the athletic and corporate worlds gives him unique perspective on the topics of communication and leadership within teams.

Chris has traveled the world over, making trips throughout North and South America, Europe, Africa and New Zealand. In 2014, he completed the *Camino de Santiago*, a 500-mile trek across northern Spain.

Chris is the author of two books, ***Black Belt Leadership: 7 Keys to Creating a Life of Purpose by Discovering Your Inner Champion*** and ***Breaking Through: 3 Winning Strategies to Create Breakthrough Results in Your Life, Business and Relationships***. He is an avid yoga practitioner and father of two grown sons. He resides in the Denver, Colorado area.



## **Chris Natzke – Short Biography**

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