

"ARE YOU READY TO BREAKTHROUGH?"



"Discover Your Breakthrough You" BOARD BREAKING EXPERIENCE

In this high-energy, interactive workshop, participants are taken on a step-by-step journey in realizing their authentic power through the metaphor of breaking a board (martial arts style). Through this process, team members experience the exhilaration of breaking through the barriers that are holding them back and the power of taking "100% responsibility" for what they create in their personal and professional lives by discovering their own "Breakthrough You".



PERSONAL BREAKTHROUGHS

- ❖ Identify Personal Breakthroughs
- ❖ Move Beyond Limiting Beliefs
- ❖ Discover Your Personal Power



IDENTIFY & ESTABLISH COMPANY GOALS

- ❖ Crystalize Your Team Vision
- ❖ Establish Team Goals
- ❖ Transcend Professional Obstacles



CREATE & STRENGTHEN TEAM UNITY

- ❖ Build Community
- ❖ Improve Connection Among Team Members
- ❖ Create Environment of Support & Collaboration

"Chris's energy and ability to inspire and create an open environment is what my company needed, and what most will. My team still talks about breaking that board and the lessons they learned. I really wish all businesses got to experience such moments. It really brought us together. We will do it again!"

Rich Crum, CEO, Veil Sun, Inc.

Chris Natzke's
MIND OF A
CHAMPION



Chris Natzke is not only a champion himself, but he has been training others to find their own Inner Champion for over four decades. As a 7th Degree Black Belt/Master Instructor and former national Taekwondo champion, Chris ranks in the top 1% of all martial artists in the world. As a life-leadership coach, keynote speaker and author, he shares his unique brand of Black Belt Leadership so others may discover the most empowered version of themselves.

www.BreakThroughYou.org